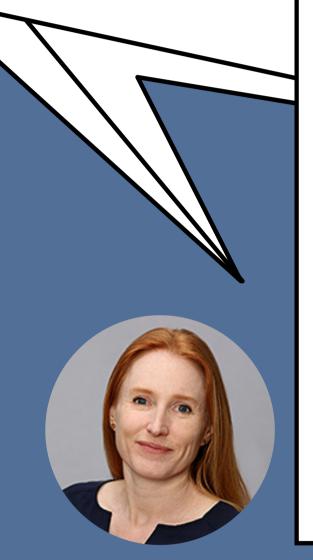


From Our Director



This year, UHRI's founding team celebrated a dream come true! We have always believed that people want better access to information about their rights, and we were convinced that most people care deeply about what others are struggling with. What was missing was a space to talk about it.

As we enter 2023, UHRI hosts over 500

Recordings and translations of the Universal Declaration of Human Rights, 1200+resources on human rights and social justice curated for students and educators, and our amazing team of facilitators have now served over 4,000 people in dialogues

We are deeply grateful to our amazing team of volunteers, board members, dialogue facilitators and donors who make it all happen. We thank you for a truly meaningful year!

about human rights, social justice,

diversity, equity and inclusion.

-Rebecca Cannara, Executive Director

"Whereas recognition of the inherent dignity and of the equal and inalienable rights of all members of the human family is the foundation of freedom, justice and peace in the world..."

- Universal Declaration of Human Rights Preamble



We believe

that the richest dialogues emerge when we spend significant time together, and that our **differences makes us stronger**. Common ground can be achieved when we join together to share our unique experiences with the goal of **understanding** each other and the systems that impact us better. Advocacy for our rights and the rights of others begins with education.

Human rights education is a right in and of itself, leading us to conversations around social responsibility and our role in interrupting cycles of injustice and inequity. The rights of humans and the planet are all too often bought, sold and traded as if they are not inherent to us all—but they are inalienable to our being.

UHRI creates connections between the work we each do in our own self-discovery and our expanding understanding of the roles we play in upholding or interrupting oppression in the world. At UHRI, liberation means peaceful co-existence, ongoing dialogue, and continual action so that everyone thrives.



"Today, intergroup dialogue is more important than ever... Nothing replaces the power of holding space for one another and allowing inner truths and collective wisdom to emerge."

-Alisa Orduña, Intergroup Dialogue Facilitator

Intergroup Dialogues

Since 2016, UHRI has engaged in nearly 400 dialogues with over 4,000 people living in communities worldwide thanks to partnerships with over 100 organizations.

Participants in UHRI dialogues report increased levels of awareness of different perspectives and experiences, increased comfort navigating difficult conversations and motivation to continue or increase their involvement in community action.



In 2022, UHRI held 95
dialogues in 52 weeks,
connecting people globally
across diverse backgrounds
and experiences.



"Intergroup Dialogue is educational, expands your world views, and provides a community that goes beyond the sessions."

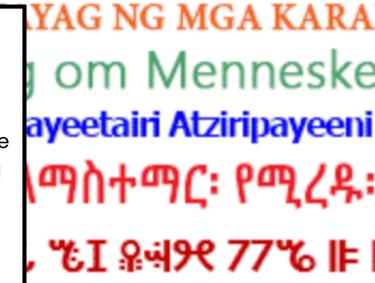
-Janice Oyama, Intergroup Dialogue Facilitator

Our UDHR Project

Since 2016, more than 165,000 people have access to 560 translations and 140 recordings of the Universal Declaration of Human Rights (UDHR) on our UDHR App and YouTube channel. They represent at least 241 distinct languages, the top 10 being accessed on YouTube are: Tamil, Bengali, Hindi, Polish, Oriya, Burmese, Ukranian, Tetum, Hungarian, and Kannada.

Countries that accessed the udhr.audio app the most include: India, Poland, Myanmar(Burma), Ukraine, Bangladesh, United States, United Kingdom, Turkey, Sri Lanka, and East Timor.

There is a notable uptick for a language when critical human rights flashpoints occur in that region.



Click here to listen to the Universal Declaration of Human Rights in 140 languages!

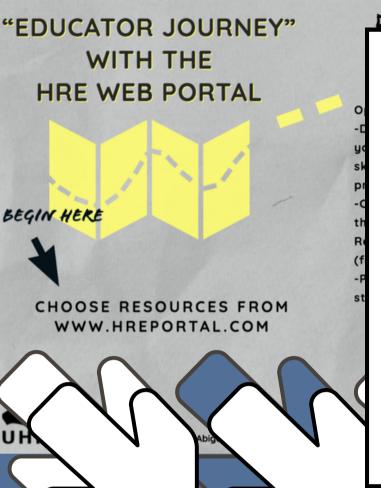
In 2022:

- UDHR.audio
 - o 24,500 people accessed
 - Over 50% of users were under 35 yrs
 - 59% identified as female
- YouTube channel
 - o over 11,000 views



"People who know their rights are better equipped to defend them, and societies that invest in human rights education are less likely to engage in abuses."

-Noah Bardach, Leadership Team



DO YOU HAVE AN

ARE YOU READY

Our HRE Portal Project

Since our 2018 partnership with Los Angeles Unified School District, UHRI curates, edits and maintains HREportal.com with over 1200 human rights and social justice related resources for K-12 educators to weave throughout their curriculum. Access is free for anyone interested at

http://www.hreportal.com/.

The Portal hosts 1,200 human rights related resources for K-12 educators and students, including:

- 180 lesson plans
- o 100 Professional Development resources
- o 435 multimedia presentations.

In 2022, we had 482 visitors:

- o 325 of whom were new
- o 241 from China
- o 191 from the US
- o 6 from the Netherlands
- o 6 from the Seychelles
- 4 from India
- 4 from South Korea
- o 77 teachers, 4 school admins, 12 district admins

Click here to access the Human Rights Education Portal

Our Team

Leadership



Dr. Noah Bardach

CTO and CoFounder



Rebecca Cannara Executive Director



Dr. Manpreet Dhillon Brar Director of IGD Programming

Dialogue Facilitators



Abigayel Bryce



Jouslynn Griffin



Dr. Alisa Orduña



Francine Ortega, LCSW



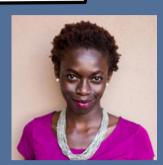
Janice Oyama

Read more about us here

Our Board



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Isabelle Barros



Michele Bury



Cynthia Bruno Rafferty



Lynna Do



Dr. Courtney L. Karp, Psy.D.



Dr. Jessica Morales-Chicas



Tatia Oshidari



Sana Rahim



Annie Tsai

Read more about us here

Thank you to our partners and donors!

Full list on our website



Phil and Ledjie Ballard

Martha Bardach

Catherine Benkhaim and Barbara Timmer

Brightwheel

California State University

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